

# Spa Menu

Choose any of these traditional and classic massages designed to relax your muscle, dissolve away tension and renew your sense of health happiness and love of life.

1. HEAD 2 SHOULDERS
  - Relieves tension in the neck, head and shoulder area
  - Rp.90.000 for 30 minutes
2. FOOT MASSAGE
  - An excellent way to invigorate tired feet
  - Rp. 90.000 for 30 minutes
3. THERAPEUTIC MASSAGE
  - Reflexology is good for circulation, relaxation, relieves for tired muscles of hands, arms and shoulders, focusing on the feet. Rp.165.000 for 1 hour.
4. AROMATIC MASSAGE
  - This aromatic massage with essential oils helps strengthen the body's healing potential. Choose from our variety of pure oil blended to suit your personal needs.
  - Rp. 195.000 for 1 hour.
5. HERBAL MASSAGE
  - Herbal Massage is a massage to exfoliating and refreshing the skin with a combination of traditional blended herbal.
  - Rp. 200.000 for 1 hour.
6. FULL BODY MASSAGE
  - Traditional Balinese Massage has been passed down through generation. Hands on healing technique are applied with combination of skin rolling, acupressure and reflexology.
  - Rp. 175.000 for 1 hour
7. HOT STONE MASSAGE
  - Stone therapy is a powerful massage technique that involves heated riverbed stones. The effect of this ancient form of healing has been proven to release tension in muscles increase blood circulation and leave you with a feeling of well being.
  - Rp. 230.000 for 1 hour.
8. EXFOLIATING MASSAGE ( MANDI LULUR)
  - This treatment begins with an hour long Balinese massage. Then the entire body is painted in a granular paste, containing turmeric, sandalwood, cinnamon, ground nuts and rice. The paste is then massaged and gently scrubbed to exfoliating the skin.
  - Rp. 300.000 for 2 hours.
9. TRADITIONAL MASSAGE
  - Traditional Massage using ancient Javanese and Balinese Technique.
  - Rp. 185.000 for 1 hour
10. THAI CLASSIC MASSAGE
  - Thai Massage works with pressure points and yoga stretches to release tension and relax the mind.
  - Rp. 265.000 for 1 hour 30 minutes.

## 11. SHIATZU MASSAGE

- A fusion of Japanese acupressure and Javanese point massage, a truly delightful experience.
- Rp. 265.000 for 1 hour 30 minutes.

## 12. FULL BODY SCRUB

- A Balinese ceremonial preparation combined with a Javanese beauty ritual. We start with a Balinese massage to exfoliate the skin and gently rubbing a blend of granular plant extract herbs into the body. Then we buff the skin with a natural Javanese polish, followed by a fresh milk splash.
- Rp. 240.000 for 1 hour 30 minutes.

## 13. SARI AYU FACIAL

- A deep cleaning facial with massage and conditioning mask using essence of rose, ylang-ylang and lemon, depending on your skin type.
- Rp. 140.000 for 1 hour

## 14. BLOKOS ALOE VERA FACIAL

- A facial speciality formulated and designed for after sun exposure. Aloe vera are known for their cooling properties and to prevent skin damage from sun exposure.
- Excellent to hydrate dry of mature skin.
- Rp. 185.000 for 1 hour.

## 15. MANICURE

- A wonderful manicure and hand massage finishing with nails polished to perfection. Additional charge will apply for French for Flower art Rp. 35.000
- Rp. 95.000.

## 16. PEDICURE

- This treatment begins with a refreshing foot bath, then a massage with energizing essential oils followed by nail polished. Additional charge will apply for French of Flower Art Rp. 35.000.
- Rp. 125.000.

## 17. WAXING

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|------------------------|-------------|
| • Half leg / Full Arm, | Rp. 225.000 |
| • Full Leg,            | Rp. 295.000 |
| • Half Arm,            | Rp. 125.000 |
| • Underarm             | Rp. 120.000 |
| • Back Waxing          | Rp. 325.000 |
| • Chest Waxing         | Rp. 145.000 |
| • Lip and Eyebrow,     | Rp. 95.000  |
| • Nose and Ear,        | Rp. 95.000  |

The rates are subject to 18% tax and service

